



**THE SPA**

## Traditional Western Massage

### Swedish Massage\*

A European method using long strokes and kneading to stimulate circulation, improve muscular relaxation and relieve tension.

**60 Min: \$90 75 Min: \$110**

### Deep Therapeutic Massage\*

This treatment focuses on relieving muscle strain and soreness to relax hyper extended muscles and ligaments.

**60 Min: \$95 75 in: \$120**

### Aromatherapy Massage\*

With this full body massage, you can either choose the Stress Relief Oil which has Lavender and Ylang-Ylang essentials oils to help with relaxation and muscle tension or select the Energizing Oil with its Sage and Rosemary essential oils to energize and detoxify the body.

**60 Min: \$95 75 in: \$120**

### Hot River Stone Massage\*

Strategically placed hot stones loosen tight muscles instantly. Your entire body will be treated to a supremely relaxing and calming experience that will leave you feeling completely relaxed.

**60 Min: \$99**

### Mommy-to-be Massage\*

This treatment alleviates pelvic pressure, eases back pain, decompresses the spine, can help reduce swelling, edema and supports without pressure to allow deep breathing. Our pregnancy bolster promotes extreme comfort by allowing women to lay on their stomachs. Safe and beneficial for the last six months of pregnancy.

**60 Min: \$90 75 Min: \$110**

### Couples Massage\*

Enjoy being in the same room next to each other, sharing the ultimate bonding experience as you both indulge in your choice of treatments offered below.

**Swedish 60 Min: \$190 • Deep Tissue 60 Min: \$205 • Aromatherapy 60 Min: \$205**

*\*Complimentary cucumber foot treatment included with every massage*

## Add-On Services

### Add-On Services:

Add-on one of the following treatments to your facial, massage, nail care or body treatments and extend the journey of your service by ten minutes.

**10 Min: \$12**

#### • Revitalizing Eye Rescue

This facial add-on service treats tired, dehydrated eyes and helps reduce the appearance of fine lines.

#### • Rejuvenating Lip Renewal

This facial add-on service will exfoliate, hydrate and firm dry or chapped lips.

#### • Soothing Hand or Foot Paraffin Treatment

This facial, massage, nail care or body treatment add-on service will soothe and hydrate your skin and relax your muscles by using comforting warm paraffin wax.

#### • Raw Earth Exfoliation & Cucumber Foot Treatment

This facial, massage, nail care or body treatment add-on service will exfoliate your dead skin and complete your treatment with a soothing foot massage using Cucumber Heel Therapy, which helps with cracked heels and hydrates your skin.

#### • Peppermint and Eucalyptus Foot Masque Treatment

This facial, massage, nail care or body treatment add-on service will help soften and hydrate your skin using cooling peppermint and tingling eucalyptus extracts.



**Dermalogica® Signature Facial (designed for Men and Women)**

This customized facial is tailored to your skin's needs. It starts with a thorough cleansing and evaluation. By using Dermalogica® unique botanical mixers, your esthetician will design a facial treatment that's right for you. This facial includes a delightful neck or arm/hand massage, exfoliation, extraction and tailored mask. Leaves your skin healthy, soothed and hydrated.

**60 Min: \$90 70 Min: \$110**

**Age Smart Treatment**

This facial is ideal for prematurely aging skin. This treatment incorporates a deep cleansing with a powerful exfoliating system leaving your skin looking youthful, energized and hydrated.

**70 Min: \$110**

**mediBac Clearing Facial or Back Treatment**

A lightweight medicated treatment that penetrates deeply to treat the underlying causes of acne. Regulates excess sebum production, soothes inflammation and helps eliminate bacteria to promote skin clarity.

**70 Min: \$110**

**ChromaWhite TR(x) Facial**

Accelerate brightening, improve skin tone, enhance skin clarity and create a fresher, healthier appearance with this effective treatment. Powerful exfoliants smooth skin and slough off dulling surface cells, helping to minimize the appearance of sun and age spots.

**70 Min: \$110**

**Ultra Calming Facial**

Only ultra calming contains our exclusive ultra calming complex clinically proven to control the multiple inflammatory reactions leading to sensitized skin while restoring the skin's protective barrier.

**70 Min: \$110**

**Express Facial**

Just because time is an issue, it doesn't mean beauty should be! Get your skin glowing and replenished in just 30 minutes.

**30 Min: \$50**

**Enzymatic Sea Mud Body Treatment**

Detoxify, exfoliate and nourish your body with a purifying seaweed and mineral mud poultice sealed in a warm, relaxing wrap infused with aromatic botanical extracts and fruit enzymes. This treatment will leave your skin smooth and supple.

**60 Min: \$115 75 Min: \$145**

**Body Therapy Power Recovery Pack**

This ultra soothing hydrating and healing treatment is personalized with aromatherapy oils and a natural multivitamin wrap will infuse moisture and repair skin.

**60 Min: \$115 75 Min: \$145**

**Exfoliating Body Sugar Scrub**

Come and experience The Spa's new Exfoliating Sugar Body Scrub that will leave your skin silky smooth. This gelled oil sugar scrub will remove dead skin and provide an intense hydration that your skin will love you for. Upon completion of the sugar scrub, your skin will bask in a nourishing and rehydrating body butter infused with Shea Butter, Vitamins A & E and special botanical extracts that will leave your skin protected and refreshed. In addition, you can select either the Pineapple Pear or fragrance-free scrub and body butter.

**60 Min: \$100**

**Purifying Back Treatment**

This super-smoothing back treatment is designed to rid your muscles of stress and your skin of impurities. A deep-cleansing scrub is followed by extractions and an aromatherapy massage, designed for your back's most stressed out parts.

**60 Min: \$100**



## Spa Packages

### The Couples Journey Package

60 Minute Swedish Couples Massage • Couples Spa Pedicures

**90 Minutes: \$240**

### Serenity at The Spa

60 Min Aroma Massage • 60 Min Dermalogica® Facial • Signature Pedicure

**3 Hours: \$220**

### Harmony at The Spa

60 Min Swedish Massage • 60 Min Dermalogica® Facial • Signature Manicure & Pedicure

**4 Hours: \$260**

### The Spa Getaway

Spa Manicure & Pedicure • 30 Min Express Facial

**90 Minutes: \$110**

### The Spa Day

80 Min Signature Facial • 80 Min Aroma Massage • Signature Manicure & Pedicure

**4 1/2 Hours: \$315**

### The Spa for Her

60 Min Dermalogica® Facial • Signature Manicure & Pedicure

**2 1/2 Hours: \$175**

### The Spa for Him

60 Min Men's Skin Treatment • 60 Min Deep Tissue Massage • Signature Pedicure

**3 Hours: \$225**

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## Nail Services

### Signature Manicure

First, your nails are shaped and buffed, cuticles are contoured and your hands are smoothed utilizing Citrus Moisture Scrub to exfoliate and condition your hands. Secondly, enjoy a relaxing hand and arm massage using a seasonal lotion to hydrate and relieve dry skin along with a soothing and warm paraffin hand treatment. To top of your manicure, we will finish with the OPI polish of your choice.

**60 Min: \$45**

### Signature Pedicure

With our pampering pedicure, we start by shaping your nails and contouring your cuticles. After that, we apply the callus treatment to soften and remove your calluses. Next, we will perform an invigorating aloe exfoliation followed by a hot towel treatment, relaxing foot and leg massage with Cucumber Heel Therapy to hydrate your feet and repair cracked heels. Your massage will be followed by a warm and rehydrating paraffin foot treatment to soothe your aching feet. When pampering your feet is completed, we will finish with the OPI polish of your choice.

**60 Min: \$50**

**Spa Manicure \$25 • Spa Pedicure \$30 • Polish change \$10**

**Other nail services available upon request.**

**A lunch menu is available upon request.**



**Eye Brow \$15**

**Lip or Chin \$15**

**Face \$35**

**Half Arm \$25**

**Full Arm \$30**

**Underarm \$25**

**Half Leg \$35**

**Full Leg \$55**

**Bikini Line \$35**

**Brazilian \$60**

**Men's Brazilian \$65**

**Chest \$50**

## Waxing Services

**Back \$50**

**Neck \$20**



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